

VIVA KIZOMBA AMSTERDAM

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7T
2023

ALL IN 1
HOTEL
SLEEP UP
DANCE DOWN

THE REVOLUTION EDITION 6

Dear dancers,

We want to welcome you at Viva kizomba Congress Amsterdam 2023: the Revolution edition. We hope that you will enjoy the congress and all of its features!

In this brochure you will find the information you need about the hotel (food, wellness, gym etc.) and the congress (workshops, house rules, drinks etc.).

If you have any other questions, our team members are happy to answer them for you.

We wish you a pleasant stay and many great dances!

The Viva team

VAN DER VALK HOTEL

Van der Valk Hotel Schiphol has many amenities for their guests. Below you can find some information. For more information, please check the website (www.hotelschiphol.nl).

Wellness and gym: the wellness centre is open between 10:00h and 22:00h and the swimming pool between 07:00h (on Fridays from 09:00h) and 22:00h. It is possible to use infrared cabins, saunas, the Turkish steam bath or a sunbed in the wellness centre.

Wi-Fi: Wi-Fi is available for all guests. The password is 'Hotel Schiphol'.

DOOR PRICES:

Check our Facebook page for the door prices. We would like to remember you that you can only pay in cash at the Viva desk.

HOUSE RULES

In order to keep our guests and the other guests in the hotel happy, we came up with a few rules we ask you to follow:

- This year, all the workshops, socials, parties and afterparties will be on the first floor (when you enter the lobby: get the stairs on the right and follow the Viva signs). There will be 1 entrance and 1 exit. To keep a good vibe we ask you not to get into discussions with the security about entering at the exit side or leaving thru the entrance.

- All jackets and bags (also shoe bags) will have to be put in the wardrobe. No bags are allowed in the dance areas. Wardrobe will cost €2,- per item. Of course it is possible to get your bag to change shoes and put it bag afterwards.

- It's forbidden to smoke anywhere inside the hotel and rooms, also shisha is not allowed (you get a fine if you do smoke inside). If you want to smoke: please smoke outside.

- It's not allowed to bring your own drinks or water into the workshops, socials or parties. Security will throw it away, so please leave your bottles in your room.

- We noticed that most of the people are still sleeping when the hotel want to clean the rooms. To avoid irritation on both sides, we decided that all rooms will be cleaned only once every 3 days. Housekeeping will hang up a bag with clean towels, sheets and soap on the door on other days.

- Please respect other guests (non-dancers as well as dancers). If you can't do this, we will have to ask you to leave the hotel.

- Please don't play any music in the reception area.

- The hotel has a 24-hour self-service supermarket with camera's: You have to scan all the items yourself and pay with your credit card. There are about ten camera's that are constantly monitored by hotel security. In case of theft, this screenshot of your photo is directly sent to the police for your arrest. Because the dancers respect each other, we are convinced that this part does not concern us.

- Any food that has been bought outside of the hotel (KFC, Burger King etc.) has to be eaten outside of the hotel. Please don't eat your food in the hotel (terrace) area.

- Please keep your voices and any other noises down in the public areas of the hotel.

SHUTTLE SERVICE BETWEEN SCHIPHOL AIRPORT AND VAN DER VALK

Below you can find the departure times of the hotel shuttle between Schiphol Airport and Van der Valk Hotel.

You don't need a festival ticket to use the Shuttle. At the airport: follow 'Hotel Shuttle'. You will see Van der Valk hotel Schiphol.

DEPARTURE TIMES TO SCHIPHOL:

After midnight	Pre midnight	
05.00h	11.20h	18.00h
05.30h	12.00h	18.40h
06.00h	12.40h	19.20h
06.40h	13.20h	20.00h
07.20h	14.00h	20.40h
08.00h	14.40h	21.20h
08.40h	15.20h	22.00h
09.20h	16.00h	22.40h
10.00h	16.40h	23.20h
10.40h	17.20h	

DEPARTURE TIMES FROM SCHIPHOL TO THE HOTEL:

After midnight	Pre-midnight	
05.10h	11.40h	18.20h
05.40h	12.20h	19.00h
06.20h	13.00h	19.40h
07.00h	13.40h	20.20h
07.40h	14.20h	21.00h
08.20h	15.00h	21.40h
09.00h	15.40h	22.20h
09.40h	16.20h	23.00h
10.20h	17.00h	23.40h
11.00h	17.40h	

SHUTTLE BUS BETWEEN VAN DER VALK AND INTERCITY HOTEL AMSTERDAM

To make sure all our guests can get to the festival whenever they want, we have a shuttle driving 24/7. The shuttles will drive every 30 minutes and at the busy hours every 15 minutes.

Please check our Facebook page for the exact times.

FOOD AND DRINKS

Breakfast: The extensive breakfast buffet is open daily between 5:00h and 11:00h. You can enjoy the buffet in the restaurant of the hotel.

If you haven't booked a room in the hotel or if you didn't book via Viva, the costs of the breakfast are 18,50 euros per person and can be paid at the reception of the hotel.

Dinner: The restaurant is open from 19:00h till 23:00h. It is possible to eat à la carte or to have a buffet dinner. The costs of the buffet dinner are 22,50 euros and can be paid at the hotel reception. Dinner is NOT included if you booked via Viva or the hotel. Please take your dinner tickets when you check in at 22,50 euros because the restaurant will be full if you wait longer.

Bar: For the bar you will need coins to pay. You can buy the coins at the Viva reception at the first floor before the entrance of the dance rooms. The bar is open from 12:00h till 20:00h and from 23:00h till 6:00h.

SOCIALS, PARTIES AND AFTERPARTIES

Pre-party:

Wednesday: 22:00h till 5:00h.

The pre-party is not included in your fullpass

Parties:

Thursday-Sunday: 23:00h till 6:00h.

Socials:

Thursday-Sunday: 15:00h till 20:00h.

Afterparties:

Thursday-Saturday: 6:00h till 11:00h.

Sunday: 6:00h till 9:00

DRESSCODES

Thursday: Sporty

Friday: Red

Saturday: Glamour

Sunday: African

Thursday - Sporty

Dresscodes Viva

KIZOMBA CONGRESS
- VIVA -

Friday - Red

Saturday - Glamour

Sunday - African

AFTERPARTY ON MONDAY HOSTED BY FLAVOURKIZZ

After 5 nights of dancing its time for the Viva Monday Afterparty hosted by Flavourkizz.

This afterparty will start with a social (15.00h – 20.00h) on the rooftop of the NTC building in Amstelveen. After a short break we continue at 22.00h with a party until 3.00h!

To make sure you get an amazing afterparty we got the best DJ's for you:

DJ Lenhy

DJ Nicelife

DJ Charley Raymdtc

DJ Tony Samson

DJ Matt

Tickets for the afterparty are sold online (€25,-) and at the door (price will be higher).

For more information about this event:

<https://fb.me/e/3EjcXifF>

HOTEL + DANCE
ONE PLACE

MONDAY
07 08

**VIVA MONDAY AFTERPARTY
BY FLAVOURKIZZ**

SOCIAL ROOFTOP : 15:00 - 20:00
PARTY: 22:00 - 03:00

DJ TONY SAMSON 🇳🇱 **DJ NICELIFE** 🇳🇱 **DJ CHARLEY RAYMDTC** 🇩🇪
DJ LENHY 🇫🇷 **DJ MATT** 🇫🇷

KIZOMBA CONGRESS
- VIVA -

TONY SAMSON

PARTY: 22:00 - 03:00 RESERVATION OBLIGATED

f FLAVOURKIZZ EVENTS @

LOCATION NTC BOVENKERKERWEG 81 AMSTELVEEN

PROMOTION FOR OTHER FESTIVALS

At Viva it is possible to promote your own festival. Please check the different options:

- Flyers are allowed on the Flyer table in the hallway. Please don't put your flyers in other areas as they will be removed.
- We have a special area to put your festival banner. Costs to put up your banner are €150,- for the weekend. For our partners it's free.
- We offer space on the big screen to promote your festival. Costs are €250,- for the weekend. We only have room for 8 festivals, so be quick if you want to reserve a spot.

Please email us to reserve a spot for your festival
(contact@vivakizomba.com).

VIVA 2024 INFORMATION AND PRICES: THE CONCEPT EDITION 7

SUNDAY 6 TH OF AUGUST 2023 = STARTING OF THE EARLY BIRD SALES

Pay only 70-100€ per person now and pay the rest in August 2024 in the venue.

Because the prices go up every month, please go to the following ticket link:

[Dizidid/Chipta](#)

EARLY BIRD PACKAGE = ROOM+BREAKFAST+FULL PASS+PARKING CARD

Prices per package:

Adding or changing names for free is possible until the 30st of May 2024.

REMINDER: IF YOU CAN'T COME, YOU HAVE UNTILL 30th OF MAY 2024 TO ASK FOR REFUND FOR PACKAGES. VIVA WILL REFUND YOUR PACKAGE WITHOUT ANY REASON. AFTER 30th OF APRIL

DJ TIMESCHEDULE

URBAN KIZ - DJ'S TIMETABLE

Time	Thursday Aug 3th	Friday Aug 4th	Saturday Aug 5th	Sunday Aug 6th
New York 1 - Social				
3 pm - 4 pm	Charley	Lenhy	Ichigo/ Poema	Tony / Poema
4 pm - 5 pm	Tony	Nice Life	Charley / Tony	Charley / Nar6
5 pm - 6 pm	Nar6	Ichigo	Lenhy/ Snakes	Nao/ Morelasoul
6 pm - 7 pm	Tati	Morelasoul	Nice Life/ Nao	Lenhy / Ichigo
7 pm - 8 pm	Nice Life	Snakes	Morelasoul / Nar6	Snakes/NiceLife
BREAK				
Every day Dinner Time: 08pm - 10 pm				
NEW YORK 1 - PARTIES				
11 PM - 12 AM	Mann	Tony	Nar6	Tati
12 AM - 1 AM	Tati	Ichigo	Snakes	Charley
1 AM - 2 AM	Tony	Nao	Morelasoul	Lenhy
2 AM - 3 AM	Charley	Nice Life	Nice life	Nice Life
3 AM - 4 AM	Nice Life	Snakes	Nao	Ichigo
4 AM - 5 AM	Poema	Lenhy	Charley	Snakes
5 AM - 6 AM	Nar6	Morelasoul	Lenhy	Nar6
PRAGUE - AFTER- PARTIES				
6 AM - 7 AM	Charley	Charley	Poema	Lenhy
7 AM - 8 AM	Tony	Nar6	Ichigo	Ichigo
8 AM - 9 AM	Nar6	Mann	Snakes	Nar6
9 AM - 10 AM	Mann	Poema	Tati	
10 AM - 11 AM	Poema	Tati	Mann	
End				

SEMBA - DJ'S TIMETABLE

NEW YORK 2 - SOCIAL

	Friday	Saturday	Sunday
4 PM- 5 PM	Kin	Tecas	Tati
5 PM- 6 PM	Matt	Kin	Tecas
6 PM- 7 PM	Tati	Vasco	Kin
7 PM- 8 PM	Tecas	Tati	Matt

BREAK

Every day Dinner Time: 08 pm - 10 pm

NEW YORK 2 - PARTIES

11 PM- 12 AM	Tati	Matt	Tecas
12 AM - 1 AM	Vasco	Vasco	Kin
1 AM - 2 AM	Kin	Tecas	Matt
2 AM - 3 AM	Matt	Tati	Tecas
3 AM - 4 AM	Vasco	Matt	Tati
4 AM - 5 AM	Tecas	kin	Matt

FARANTINI, PHOTOGRAPHER/VIDEOS MAKER



NATHALIE, MOVIE MAKER

WORKSHOPS TIMESCHEDULE

HOW TO READ THIS WORKSHOPS TIME TABLE? = YOU HAVE THE NAMES OF THE TEACHERS AND THE NUMBER OF THE WORKSHOP YOU WANT TO FOLLOW. IF YOU WANT TO FOLLOW FOR EXAMPLE WORKSHOP 1 OF TEACHERS X, GO TO THE WORKSHOPS DESCRIPTION OF TEACHERS X AND READ ABOUT WORKSHOP 1. PLEASE READ CAREFULLY IF THIS WORKSHOP 1 IS SUITABLE FOR YOU. Note that the level of the workshop is very important and be sure that you have the capacity to follow the workshop.

All levels (white)

Intermediate

Advanced

THURSDAY 3 AUGUST				
Time/ROOMS	NEW YORK 1	NEW YORK 2	BRUSSELS	PRAGUE
12h - 13h	Team Revelation workshop 3
13h - 14h	Team Douceur Workshop 1
14h - 15h	Team LPK Workshop 1
15h - 16h	Social Urban kiz
16h - 18h	
18h - 20h	

FRIDAY 4 AUGUST

Time/ROOMS	NEW YORK 1	NEW YORK 2	BRUSSELS	PRAGUE
12h -13h	JONATHAN KANI Workshop 1
13h -14h	Team Revelation Workshop 2	Rico Suave & Manon Workshop 3
14h – 15h	Team Tarraxo Bootcamp part 1	Kin & Céline Workshop 2
15h – 16h	Social Urban kiz	Social Semba	Carlos Camba & Anna Workshop 2	
16h -18h				Team Douceur Bootcamp
End 20h				

SATURDAY 5 AUGUST

Time/ROOMS	NEW YORK 1	NEW YORK 2	BRUSSELS	PRAGUE
11h – 12h	Team the Alliance Workshop 2	Team Revelation Workshop 2	Mr. Tepas Workshop 1	
12h -13ph	Team Urban Kiz Fam Workshop 1	Team Revelation Workshop 2	EDDY VENTS Workshop 1	
13h -14h	Team LPK Bootcamp		Kin & Céline Workshop 2	
14h – 15h			Rico Suave & Manon Workshop 2	
15h – 16h	Social Urban kiz	Social Semba	Carlos Camba & Anna Workshop 3	Team the Alliance Workshop 3
16h – 17h			Rico Suave & Manon Workshop 1	Team Afro-house
End 20h				

SUNDAY 6 AUGUST

Time/ROOMS	NEW YORK 1	NEW YORK 2	BRUSSELS	PRAGUE
11h – 12h	Team LPK: workshop 2			
12h -13h	Team the Alliance Workshop 1	Team Tarraxo Bootcamp part 2	Mr. Tecas Workshop 1	
13h -14h	Team Urban Kiz Fam Workshop 2		EDDY VENTS Workshop 3	
14h – 15h			Carlos Camba & Anna Workshop 3	
15h – 16h	Social Urban kiz		EDDY VENTS, Workshop 2	
End 20h		Social Semba		

WORKSHOP GUIDE

Here is the classification of the levels

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8
Beginners 1	Beginners 2	Beginners 3	All Levels	Intermediate	Advance	Masterclass	Research

Remember: the courses all levels are not courses for beginners, you must already master the courses beginners 1, 2 and 3.

WORKSHOPS DESCRIPTION

THURSDAY 3TH OF AUGUST

TEAM REVELATION

Workshop 3: Urban Kiz

Teachers: Michael Daimon & Staphanie, Arvin & Lisa

Name of workshop: Leg lifts - Level: Intermediate

Duration: 1 hour

The first 10 minutes of the workshop are used to introduce students to the basic understanding in lead and follow and balance principles. The students will be introduced to a variety of lift techniques and combinations. During the workshop, the complexity of the steps and combinations will increase after each new exercise and new element. Within 45 min, three combinations of elements and steps will be taught.

During the workshop questions and requests from the students will be answered and granted.

Questions as well as recording the demo after the workshop.

Prerequisite: Intermediate classes are targeting a group of people who already know the basics. To attend this class, the student needs to have awareness of body control, be able to keep their balance on each foot, understand the notion of engaging the core of the body to execute specific technical steps.

Purpose: Understand the basic understanding to execute lifts and elements in a proper manner. Lead: how to engage backward leading steps what tension is needed, and how to not break the balance and to combine these elements to combinations and maintain the flow of the follower. Follow: how to properly interact to leg lifts, engaging the core and keeping a good balance over the whole process.

How to use the knowledge: Enable the dancer to correctly execute leg lifts while integrating it to their dances and create a variety of combinations. Raise the awareness of leads and follows about perfectly execution of leg lifts while keeping the partner engaged to offer the opportunity to add styling and creativity to the dance

TEAM DOUCEUR

Workshop 1:

Teachers: Avinash & Lea

Name workshop: Douceur, Energy & Connection

Duration: 1 hour, all levels

During this hour we'll cover the different techniques to build up connection with the dancer partner and how to manage your energy level in order to be light and soft while leading/following.

The key to mastering Douceur is to establish a strong connection with your dance partner, while incorporating musicality, creativity and precise body control with advanced techniques. If you want to enhance your skills as a social dancer, this workshop provides valuable tips and tricks that can be applied to other dance styles, ultimately elevating your overall dance level.

TEAM LPK

Workshop 1:

Name of workshop: Slow motion and acceleration

Duration: 60 minutes, Intermediate

In this course, we will understand together how music works and how to dance to it. Using group exercises and then see how we can dance in a different way, depending on the rhythm.

We choose to follow to the music:

- The super slow tempo;
- The slow time;
- All music tempo;
- Accelerated tempo;
- Super accelerated tempo.

TEAM URBAN KIZ FAM

Workshop 1:

Teachers: Enah, Lolahontas & Fam

Name workshop: Urban Kiz Sensual

Level: all level, 60 minutes

In this workshop the goal is to dance on slow music, but to express with styling and attitude. We want to teach you how to give a sensual touch to the Urban Kiz « We don't want to stay on the spot ».

Bootcamp:

Teachers: Urban Kiz Fam

Name workshop: Showtime KizBasketball

Level: all levels, 120 minutes

We are going to teach you ways to stay creative when you think you are not.

FRIDAY 4 AUGUST

TEAM REVELATION

Workshop 2: Urban Kiz

Teachers: Virgile & Juneline

Name of the workshop: Creativity - Level: intermediate +

Duration: 1 hour

The first part of the workshop will be used to see if the leaders and followers can follow a simple combination. This is to assess the level of the intermediate dancers, to determine how many variations we can give during our class. The second part is to spark the creativity of the leaders and followers. They will get an exercise where the leader switches in a moment that is unexpected and goes to the next follower. They have to get creative because they will have to start in a position the other leaders have left the followers in. This will give the student an understanding on how to tap into each other's movements without interfering with each other to lead and to follow. Then the third part is to create different movements from one starting position, this way they will have different variations when they can recognize a certain position. Depending on the total level of the group and how fast they move, we will give different variations.

During the class the student will have time and opportunity to ask questions. We will start with an easy step and level up during class. At the end we will give the demo of what we learned in the class and a freestyle that shows incorporation of this technique.

Prerequisite: It will create awareness for the leader as well the follower on how the legwork should be done in order to do this step with everyone on the dancefloor. The level of the students should at least be improvers level and up. They have understanding of weight transfer and understanding of the tension in their right hand(lead), the followers should have a clean form without tensed shoulders and understanding of their weight transfer.

The purpose of the class is that it will create awareness on how to keep the dance going without repeating the same loop again on the dancefloor. This will also trigger the leader for different outcomes in their variations. Besides that we will also give some new and exciting steps and ideas which the students can use in their social dancing. Being able to become a better leader and follower by following certain principles we will give them to improve and to create their own dance.

How to use knowledge: During the class we will give time to do some short dances and we will explain our movements and understanding of this awareness in our dance. After the class the students will have a clear understanding on executing these steps in a clear way. They will know when it doesn't go well and on which principles they can fall back to.

RICO SUAVE & MANON

Workshop 3: Kizomba Partner work – Level: Improver/ Intermediate

Duration: 1 hour

The focus will be on reverse lead and footwork for lead and follow. The goal of the class here will be to start getting more used to incorporate dissociation, open hold and coordination during the dance.

KIN & CÉLINE

Workshop 2: Social semba

Name of workshop: Footwork - Level: all levels

Duration: 60 min (10 min will be spend on examination whether the required level is reached)

Prerequisites to attend the workshop: Semba level 1, 2 & 3.

The purpose of the workshop: Learning and understanding how to use “semba footwork” in harmony with the music according to the specific “social Golden Rules” on how to be a good social semba dancer.

How to use the knowledge of the workshop: In social semba freestyle and shows.

CARLOS CAMBA & ANNA

Workshop 2: Semba

Name of workshop: Semba cadenciado - Level: Intermediate

Duration: 60min

In this workshop we will learn intermediate level combinations and sequences.

Prerequisite: You already master your basics and know the most common steps and figures.

Purpose: Semba cadenciado means the slower semba music. Since music is the boss, we will concentrate on movements and combinations that fit this type of music.

How to use the knowledge: Being able to dance to the music and not just doing steps. Knowing how to dance to different types of semba music when dancing socially.

TEAM DOUCEUR

Bootcamp:

Teachers: Aimé & Angie and Avinash, Reza & Lea

Name bootcamp: From Tarraxinha to Douceur

Duration: 2 hours, all levels

Do you want to expand your dance knowledge and skills? The Douceur Bootcamp is the perfect opportunity to do so! Our team of experts will guide you through a comprehensive program designed to help you master the art of Douceur.

You'll be taught on the history, Tarraxinha, body movements and how to build up a connection in order to reach a higher level of Douceur.

Douceur info:

Douceur is a unique state that is achieved when two dance partners move together with soft, controlled body movement and a seamless flow. Partners who dance Douceur often incorporate movements from Tarraxinha, micro-movements and steps in order to reach this state of connection.

But Douceur is much more than just a dance – it's a feeling that comes from the understanding that dancing is not just about executing steps. It's about experiencing a profound connection with your partner, both mentally and physically. When dancing with Douceur, you will feel an unparalleled sense of sweetness as you move to the rhythm of the music with grace, fluidity and musicality.

SATURDAY 5 AUGUST

TEAM THE ALLIANCE

Workshop 2: Teachers: Saber and Majdouline

Name workshop: Urban Kiz Touch vs Weight transfer – 60mn, Intermediate

You will learn the difference between a touch and a weight transfer (it's not as simple as it might seem at first!). To be able to join the class and properly learn the techniques of Touches and Weight transfers, you need at least to know the basics. Followers: you need a good understanding of leading, reactivity, good posture and balance. Leaders: you need good leading (no wrong messages) and good posture.

What you will learn from this workshop? You learn the difference and the way how we lead it and follow it. Is a "Touch" a step? Is it a count? How we can play with it? It will be a workshop full of exercises and tips, to be able to learn it the best way. At end we practise small variations!

TEAM REVELATION

Workshop 2: Urban Kiz

Teachers: Virgile & Juneline

Name of the workshop: Creativity - Level: intermediate +

Duration: 1 hour

The first part of the workshop will be used to see if the leaders and followers can follow a simple combination. This is to assess the level of the intermediate dancers, to determine how many variations we can give during our class. The second part is to spark the creativity of the leaders and followers. They will get an exercise where the leader switches in a moment that is unexpected and goes to the next follower. They have to get creative because they will have to start in a position the other leaders have left the followers in. This will give the student an understanding on how to tap into each other's movements without interfering with each other to lead and to follow. Then the third part is to create different movements from one starting position, this way they will have different variations when they can recognize a certain position. Depending on the total level of the group and how fast they move, we will give different variations.

During the class the student will have time and opportunity to ask questions. We will start with an easy step and level up during class. At the end we will give the demo of what we learned in the class and a freestyle that shows incorporation of this technique.

Prerequisite: It will create awareness for the leader as well the follower on how the legwork should be done in order to do this step with everyone on the dancefloor. The level of the students should at least be improvers level and up. They have understanding of weight transfer and understanding of the tension in their right hand(lead), the followers should have a clean form without tensed shoulders and understanding of their weight transfer.

The purpose of the class is that it will create awareness on how to keep the dance going without repeating the same loop again on the dancefloor.

This will also trigger the leader for different outcomes in their variations. Besides that we will also give some new and exciting steps and ideas which the students can use in their social dancing. Being able to become a better leader and follower by following certain principles we will give them to improve and to create their own dance.

How to use knowledge: During the class we will give time to do some short dances and we will explain our movements and understanding of this awareness in our dance. After the class the students will have a clear understanding on executing these steps in a clear way. They will know when it doesn't go well and on which principles they can fall back to.

MR. TECAS

Unfortunately no information about his workshops was send to us, he wants to surprise everyone with his two workshops.

TEAM REVELATION

Workshop 4: Urban Kiz

Teachers: Michael Daimon & Stephanie, Arvin & Lisa

Name of workshop: Pivots - Level: Advanced

Duration: 60 min

The first 10 minutes are used to introduce students to the basic understanding in lead and follow and balance principles. The students will be introduced to a variety of pivots during the class and the complexity of the pivots will increase after each new exercise and new element. Within 45 min three combinations of pivots and 1 figure will be taught.

During the workshop questions and requests from the students will be answered and granted.

Questions as well as recording the demo after the workshop

EDDY VENTS

Workshop 1: Kizomba - Musical is your master , 60 minutes, all levels

TEAM LPK

Bootcamp:

60 minutes class by Team LPK, all levels

We will be a group of 10 certified Let's Play Kizomba teachers on the program.

We will prepare a two hour cocktail for you in full learning, so 30 minutes per workshop.

- Lead and follow;
- Lift and tricks;
- Musicality;
- Leg connection (cross crazy step).

KIN & CÉLINE

Workshop 2: Social semba

Name of workshop: Footwork - Level: all levels

Duration: 60 min (10 min will be spend on examination whether the required level is reached)

Prerequisites to attend the workshop: Semba level 1, 2 & 3.

The purpose of the workshop: Learning and understanding how to use "semba footwork" in harmony with the music according to the specific "social Golden Rules" on how to be a good social semba dancer.

How to use the knowledge of the workshop: In social semba freestyle and shows.

RICO SUAVE & MANON

Workshop 2: Kizomba Flow – Level: Intermediate

Duration: 1 hour

We will be working on the connection between lead and follow and music interpretation. We will also teach how to get the connection with your partner and allowing your follower to be more than a follower.

CARLOS CAMBA & ANNA

Workshop 3: Kizomba & Semba

Name of workshop: Leaders technique (men styling solo class) - Level: all levels

Duration: 60 minutes

In this workshop we will practise leader styling and footwork and make a small choreography out of those steps.

Prerequisite: You have to know your basics to attend this class. Not suitable for total beginners but as it is a solo class it is suitable for leaders of various levels.

Purpose: Finding your style and practising styling and footwork elements first alone without having to concentrate on leading. Once you are comfortable with your feet and the styling comes naturally it's easier to apply it in partner work as well.

How to use the knowledge: Being able to add footwork and styling components in your dance when dancing with a partner.

TEAM THE ALLIANCE

Workshop 3:

Teachers: Saber and Majdouline

Name of the workshop: Urban Kiz Change of the rhythm – 60mn, All Levels

What you will learn from this workshop? Challenge yourself by learning new variations in tempo/rhythm and steps (including all the techniques that are entailed) and playing with the music!

RICO SUAVE & MANON

Workshop 1: Semba Show – Level: Intermediate/ Advanced

Duration: 1 hour

The focus is on the combination of footwork and tricks and lifts. Technique focussed, we will underline how to safely do them as well as how to incorporate them within your dance.

SUNDAY 6 AUGUST

TEAM LPK

Workshop 2:

Name of workshop: Lift and tricks by LPK, Advanced, 60 minutes

In this course, we will experiment with techniques of pressure, tension and intensity, performed during a movement of lift or tricks. This is necessary to be able to execute it with ease and simplicity. The goal is to teach you how to do lifts safely and adapt them to your dance.

TEAM THE ALLIANCE

Workshop 1:

Teachers: Saber and Majdouline

Name workshop: Urban Kiz Turns – 60 mn, Intermediate

In this workshop we are going to teach you how to be able to turn with the real turns technique (in Kizomba/Semba we don't spin). It's an intermediate class so we don't come back on basics steps and turn techniques. For the followers: you need to have a good understanding of leading, have a good posture and good balance and you need to know how to be reactive and show expression. For the leaders: you need to be comfortable within leading and have good balance.

What you will learn from this workshop? You will learn the real technique of turn in Urban Kiz. It's one of the misunderstood notion and we will try to make it clear for you! As you know us now, our workshops are different from the other teachers, because we never give you a whole routine. We prefer to give you different parts and try to play with variations. Leaders we will challenge your capability to lead well a turn in different circumstances and followers, you will be able to try to turn in the best way possible.

MR. TECAS

Unfortunately no information about his workshops was send to us, he wants to surprise everyone with his two workshops.

EDDY VENTS

Workshop 2: Kizomba - Technicality in simplicity , 60 minutes, Intermediate

Workshop 3: Kizomba vs Semba - The difference on the dance floor Semba, Intermediate

CARLOS CAMBA & ANNA

Workshop 3: Kizomba & Semba

Name of workshop: Leaders technique (men styling solo class)

- Level: all levels

Duration: 60 minutes

In this workshop we will practise leader styling and footwork and make a small choreography out of those steps.

Prerequisite: You have to know your basics to attend this class. Not suitable for total beginners but as it is a solo class it is suitable for leaders of various levels.

Purpose: Finding your style and practising styling and footwork elements first alone without having to concentrate on leading. Once you are comfortable with your feet and the styling comes naturally it's easier to apply it in partner work as well.

How to use the knowledge: Being able to add footwork and styling components in your dance when dancing with a partner.

VIVA KIZOMBA AMSTERDAM

THE CONCEPT EDITION 7



31th July,
1-5th August
2024

Van der Valk Hotel Schiphol

