

**07- 12<sup>TH</sup> AUGUST 2019**  
**AN EXPLOSIVE PROGRAM**



**AMSTERDAM**  
**HOTEL VAN DER VALK SCHIPHOL A4**

## DEAR DANCERS !

We want to welcome you at Viva kizomba Congress Amsterdam 2019: the Explosive edition. We hope that you will enjoy the congress and all of its features!

In this brochure you will find the information you need about the hotel (food, wellness, gym etc.) and the congress (workshops, drinks etc.).

If you have any other questions, our team members are happy to answer them for you.

We wish you a pleasant stay and many great dances !

The Viva team



## VAN DER VALK HOTEL

Van der Valk Hotel Schiphol has many amenities for their guests. Below you can find some information. For more information, please check their website ([www.hotelschiphol.nl](http://www.hotelschiphol.nl)).

Wellness and gym: the wellness centre is open between 10:00h and 22:00h and the swimming pool between 07:00h (on Fridays from 09:00h) and 22:00h. It is possible to use infrared cabins, saunas, the Turkish steam bath or a sunbed in the wellness centre.

Wi-Fi: Wi-Fi is available for all guests. The password is 'Hotel Schiphol'.

## HOUSE RULES

In order to keep our guests and the other guests in the hotel happy, we came up with a few rules we would like you to keep in mind:

- » Please respect other guests (non-dancers as well as dancers). If you can't do this, we will have to ask you to leave the hotel.
- » Please don't play any music near the reception.
- » Please don't play any music in the restaurant.
- » Any food that has been bought outside of the hotel (KFC, Burger King etc.) has to be eaten in the hotel rooms or outside of the hotel. Please don't eat your food in the reception area.
- » Please keep your voices and any other noises down in the public areas of the hotel.

## SHUTTLE SERVICE SCHIPHOL AIRPORT

Below you can find the departure times of the hotel shuttle between Schiphol Airport and Van der Valk Hotel.

DEPARTURE TIMES TO SCHIPHOL		
After midnight	Pre midnight	
05h00	11h20	18h00
05h30	12h00	18h40
06h00	12h40	19h20
06h40	13h20	20h00
07h20	14h00	20h40
08h00	14h40	21h20
08h40	15h20	22h00
09h20	16h00	22h40
10h00	16h40	23h20
10h40	17h20	

DEPARTURE TIMES FROM SCHIPHOL TO THE HOTEL		
After midnight	Pre midnight	
05h10	11h40	18h20
05h40	12h20	19h00
06h20	13h00	19h40
07h00	13h40	20h20
07h40	14h20	21h00
08h20	15h00	21h40
09h00	15h40	22h20
09h40	16h20	23h00
10h20	17h00	23h40
11h00	17h40	

## SHUTTLE SERVICE BASTION HOTEL

Below you can find the departure times of the Viva shuttle between Van der Valk Hotel and Bastion Hotel.

FROM VAN DER VALK HOTEL TO BASTION HOTEL		
+/- 12mn drive		
19:30	05:30	10:30
20:10	06:10	11:10
20:50	06:50	

FROM BASTION HOTEL TO VAN DER VALK HOTEL		
+/- 18mn drive		
15:00	00:00	01:20
16:00	00:40	02:00
17:00		

**If you want to go to the main hotel at times when there is no Viva shuttle, you can take the hotel shuttle from Bastion Hotel to Schiphol Airport and from Schiphol Airport the hotel shuttle to Van der Valk Hotel.**

## SHUTTLE SERVICE BETWEEN SCHIPHOL AIRPORT AND BASTION HOTEL

Below you can find the departure times of the hotel shuttle between Schiphol Airport and Bastion Hotel.

DEPARTURE TIMES FROM THE HOTEL TO SCHIPHOL			
05:45	10:15	14:45	19:15
06:15	10:45	15:15	19:45
06:45	11:15	15:45	20:15
07:15	11:45	16:15	20:45
07:45	12:15	16:45	21:15
08:15	12:45	17:15	21:45
08:45	13:15	17:45	22:15
09:15	13:45	18:15	22:45
09:45	14:15	18:45	23:15

DEPARTURE TIMES FROM SCHIPHOL TO THE HOTEL			
06:15	10:45	15:15	19:45
06:45	11:15	15:45	20:15
07:15	11:45	16:15	20:45
07:45	12:15	16:45	21:15
08:15	12:45	17:15	21:45
08:45	13:15	17:45	22:15
09:15	13:45	18:15	22:45
09:45	14:15	18:45	23:15
10:15	14:45	19:15	23:45

## FOOD AND DRINKS

**Breakfast:** the extensive breakfast buffet is open daily between 5:00 and 11:00. You can enjoy the buffet in the restaurant of the hotel. If you haven't booked a room in the hotel or if you didn't book via Viva, the costs of the breakfast are 15 euros and can be paid at the reception of the hotel.

**Dinner:** the restaurant is open from 17:00 (5 PM) till 23:00 (11 PM). It is possible to eat à la carte or to have a buffet dinner. The costs of the buffet dinner are 17,50 euros and can be paid at the hotel reception. Dinner is NOT included if you booked via Viva or the hotel.

**Bar:** for the bar you will need coins to pay. You can buy the coins at the Viva reception at the ground level or next to the wardrobe at level -1.

The bar is open from 12:00 till 20:00 (8 PM) and from 23:00 (11 PM) till 6:00.

## SOCIAL, PARTY AND AFTERPARTY

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOCIAL</b>		15h - 20h	15h - 20h	15h - 20h	15h - 20h
<b>PARTY</b>	23h - 04h	23h - 06h	23h - 06h	23h - 06h	23h - 06h
<b>AFTER PARTY</b>		06h - 11h	06h - 11h	06h - 11h	06h - 09h

**Dress codes:**

**Thursday : Explosion of colour**

**Friday : Explosive red**

**Saturday : Europe sapology**

**Sunday : Africa**





**VIVA 2020 INFORMATION AND PRICES**

SUNDAY 11<sup>TH</sup> OF AUGUST 2019 = STARTING OF THE EARLY BIRD SALES

Pay only 70€ per person now and pay the rest in August 2020 in the venue.

Because the prices go up every month, please go to the following ticket link:  
[Dizidid/Chipta](http://Dizidid/Chipta)

EARLY BIRD PACKAGE = ROOM + BREAKFAST + FULL PASS + PARKING CARD

**Prices per package :**

pers. per room	3 nights	4 nighs	5 nights	6 nights
4	170 € pp	200 € pp	233 € pp	264 € pp
3	185 € pp	220 € pp	260 € pp	297 € pp
2	210 € pp	250 € pp	293 € pp	338 € pp
1	400 €	500 €	600 €	700 €

Adding or changing names for free is possible until the 31st of May 2020.

REMINDER: IF YOU CAN'T COME, VIVA WILL REFUND YOUR MONEY



DJ MADISS / DJ PARAISO / DJ XTRA / DJ STEFANO LIMA / DJ DANI FERNANDES / DJ LISA ROSE / DJ PINGUSSO / DJ ON FIRE / DJ TECAS  
 JOJO LET'S PLAY KIZOMBA / JP & STEFFY / TECAS & MISS JO / AZZEDINE / CHAMALO & MIRTY

## WORKSHOP GUIDE

Here is the classification of the levels

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8
Beg. 1	Beg. 2	Beg. 3	All Level	Inter.	Advanced	Master	Research

Beg. = Beginners / Inter. = Intermediate

**Remember:** the courses all levels are not courses for beginners, you must already master the courses beginners 1, 2 and 3

### JOJO & VICTORIA

Your questions about our workshops are welcome at "the teachers question room". We will be there for you.

#### Workshop 1: urban kiz

- Title of the course: Dance technics
- Level: all levels
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)

- Prerequisites to attend the workshop:

Knowing the basic steps (the fundamental basis), knowing how to guide your partner on level (one time/one movement/one action), knowing how to be guided without anticipating to the gestural control, knowing how to become familiar with the music to accommodate the dance steps on the rhythm, mastering woman/man exit (optional combined output), having notions about mutual weight transfers during the dance. All these elements are very important to attend this workshop.

- The purpose of the workshop:

Acquiring a total knowledge of the different guidance methods (bust/arm/hand/legs), acquiring a partial mastery of total guidance and the connection that goes with it, allowing yourself to move, having fun on the track without losing the connection and without worrying about making mistakes, receiving help and ideas to build your own steps and style.

- How to use the knowledge of the workshop:

All dance techniques learned can be used at any time by making a cut that interests you and that goes with the music. The goal is to control your own space and to know how to dance small when the environment does not allow big moves or large displacements.

This workshop will give you all the keys to happiness in your dance.

#### Workshop 2: urban kiz

- Title of the course: Show elements
- Level: all levels
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)

- Prerequisites to attend the workshop:

Mastering the basics (level 1 /level 2 of moves with the partner. Level 2: two actions per time/one movement). Being able to adapt your posture and balance according to the steps (without knowing what step it is), having blind trust between partners, mastering the techniques of leg leading according to the slides and the staves, mastering your own balance according to the steps.

- The purpose of the workshop:

The purpose of this course is allowing dancers to perform special movements in their shows and especially teaching them how to guide these and how to place them on the music. It will also allow you to have more confidence in the sense that you will master the elements that can build a show.

- How to use the knowledge of the workshop:

Some staves and slides can be performed during socials or evening parties if you already master your space, taking into account that the environment allows it. But most of the elements that you will learn in this course are exclusively made for shows.

#### Workshop 3: urban kiz

- Title of the course: Partnerwork tricks
- Level: intermediate
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)

- Prerequisites to attend the workshop:

Mastering the basics (fundamentals), being able to not anticipate the steps of the partner, mastering the guidance, the connection and transfer support (balance), knowing how to move in different directions between partners, knowing how to create and install mutual trust to secure the dance ("I follow you because I trust you"), knowing how to manage and anticipate an error so the dance can continue smoothly.

- The purpose of the workshop:

The purpose of the course is to create situations of actions and reactions between partners, which will make it possible to no longer be in error or to make a so-called mistake. Creating a movement of mutual pleasure. Also, this course will allow you to know the techniques of style and body movements according to the guidance given by one hand. With the other hand, you will control your movements without losing your partner (without making mistakes). By incorporating the concept of style and steps with proper guidance, you will be able to make movements without distorting the true guidance.

- How to use the knowledge of the workshop:

All learned dance techniques can be used at any time. It is up to you to define whether the space allows you to perform the different movements, which is a prerequisite for being comfortable with the partner.



## **JOSÉ N'DONGALA (KIZOMBALOVE ACADEMY) & TRACY KIZOMBALOVE (KIZOMBALOVE ACADEMY)**

Your questions about our workshops are welcome at “the teachers question room”. We will be there for you.

### **Workshop 1: tarraxinha 1**

- Title of the course: Basic Tarraxinha Ginga
- Level: all levels
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop: No prerequisites.
- The purpose of the workshop: Learning how to have a beautiful and sensual ginga when you dance tarraxinha.
- How to use the knowledge of the workshop: Softening your moves and make your dance sensual and romantic in all tarraxinha songs.

### **Workshop 2: Tarraxinha 2**

- Title of the course: Quadrinha Ginga
- Level: intermediate
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop: Tarraxinha workshop 1, basic tarraxinha ginga knowledge.
- The purpose of the workshop: Learning how to add additional tarraxinha moves such as ventoinha, quadrinha, devagarinho, cobra etc. to your tarraxinha dancing.
- How to use the knowledge of the workshop: Dancing on different musical sentences in combination with “devagarinha steps” on the dancefloor

### **Workshop 3: semba 1**

- Title of the course: Flow & connection
- Level: beginners
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop: No prerequisites.
- The purpose of the workshop: Learning and understanding the basics elements to improve the flow & connection in semba.
- How to use the knowledge of the workshop: On the dancefloor, in all slow and fast semba songs.

### **Workshop 4: Semba 2**

- Title of the course: Combinations & structures
- Level: intermediate
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop: Semba workshop 1, flow and connection knowledge.
- The purpose of the workshop: Learning and understanding how to make well-structured combinations with styling in semba.
- How to use the knowledge of the workshop: In semba classes and social dancing.

### **Workshop 5: Semba 3**

- Title of the course: Footwork
- Level: masterclass
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop: Semba advanced level.
- The purpose of the workshop: Learning and understanding how to use “semba footwork” in harmony with the music according to the specific “Kizombalove Golden Rules” on how to be a good kizomba/semba dancer.
- How to use the knowledge of the workshop: In Semba freestyle and shows.

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## **SABER & MAJDOULINE**

Your questions about our workshops are welcome at “the teachers question room”. We will be there for you.

### **Workshop 1: urban kiz**

- Title of the course: Turns
- Level: all levels
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop: To be able to join the class and learn the technique of turns, you need to know the basics. It's an almost intermediate class so we don't come back on basics steps. Followers: you need to have a good understanding of leading, have a good posture, have good balance, be reactive and expressive. Leaders: you need to be comfortable with leading and have good balance.
- The purpose of the workshop: You will learn the real technique of turn in urban kiz. It's one of the misunderstood notions and we will try to make it clear for you (in kizomba/semba we don't spin)!
- How to use the knowledge of the workshop: As you know us now, our workshops are different from the other teachers, because we never give you a whole routine. We prefer to give you different parts and try to play with variations. Leaders we will challenge your capability to lead a turn well in different circumstances. Followers, you will be able to try to turn in the best way possible.



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### Workshop 2: urban kiz

- Title of the course: Touch vs. weight transfer
- Level: intermediate
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop:  
To be able to join the class and learn the technique of touches and weight transfers, you need to know the basics. Followers: good understanding of leading reactivity and a good posture and balance. Leaders: good leading (no wrong messages) and a good posture.

#### - The purpose of the workshop:

Touch and weight transfers are important misunderstood notions in urban kiz as well. You will learn the difference between a touch and a weight transfer (it's not as simple as it may seem at first!).

#### - How to use the knowledge of the workshop:

You will learn the difference between and the way we lead/follow a touch and a weight transfer. Is a «touch» a step? Is it a count? How we can play with it? It will be a workshop full of exercises and tips, to be able to learn it the best way. At the end we will do some small variations!

### Workshop 3: urban kiz

- Title of the course: Technical steps
- Level: advanced
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)

#### - Prerequisites to attend the workshop:

To be able to join the class and learn properly, you need to have a good level in kizomba/urban kiz.

#### - The purpose of the workshop:

Challenge yourself by learning new variations and steps (including all the techniques that are entailed).

#### - How to use the knowledge of the workshop:

As you know, we try to be different from the other teachers in our way of teaching. For this class, we will start with a 4 count step. We will take it as a base and we will try to make 3 to 4 variations.

### ENAH & POCA HONTAS

Your questions about our workshops are welcome at “the teachers question room”. We will be there for you.

### Workshop 1: urban kiz

- Title of the course: Dynamics
- Level: intermediate
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)

#### - Prerequisites to attend the workshop:

To participate in this class, you must master the transfer of weight and you have to be able to gain and use tension at the level of the arms.

#### - The purpose of the workshop:

The goal of this class is to go beyond and exceed the usual movements of the sounds of kizomba, since the DJs make sounds on different types of music. To help you assimilate this course, we will have the theme “Basketball”. We will work on music ambiances such as those of Michael Jackson. The central question that we will answer in this class is: “How to use the weight transfer and the sheathing to produce movements and sequences on the ambiance of different styles of music?”.

#### - How to use the knowledge of the workshop:

The movements and sequences of ambiance learned can be adapted to music like tarraxo, ghetto zouk and especially dubstep.

### Workshop 2: urban kiz

- Title of the course: Sensual & Sexy
- Level: advanced
- Course duration: 75 min (15 min will be spend on examination whether the required level is reached)

#### - Prerequisites to attend the workshop:

Participation of this class requires different qualities for men and women. Men, you must be open-minded and be able to put your partner first, your partner is the queen. This must be done in the mind and the aesthetic movements will follow on their own, in collaboration with your mind.

Women, you have to think outside of the rules predefined by some people and understand the boundaries for you (you are an individual and you are different from your neighbour and vice versa) between sensual and sexy. You must be open to understanding these boundaries in your mind.

#### - The purpose of the workshop:

The goal of this course is to learn to make movements and displacements on the music at a very slow tempo. The theme of this class is: “Brazilian zouk”. From this theme we will answer the following question throughout the class: “How can we dance sensual and sexy on slow music without rubbing against each other?”

#### - How to use the knowledge of the workshop:

After this class, you can use the different elements to dance to all slow music, to break the tempo and slow down and to move according to the rhythm of the music.



## DAVIDE VENTURI & LAURA

Your questions about our workshops are welcome at “the teachers question room”. We will be there for you.

### Workshop 1: kizomba fusion

- Title of the course: leading with your legs
- Level: intermediate
- Course duration: 75 minutes (15 mins will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop:  
You need to be able to control the basic and intermediate steps like pivot and contra tempo.
- The purpose of the workshop:  
Learn how to lead with the legs and for the ladies how to follow with the legs.
- How to use the knowledge of the workshop:  
After this workshop you will be able to lead the lady with the legs and the ladies will know how to follow the legs of the man.

### Workshop 2: kizomba fusion

- Title of the course: kizomba versus fusion
- Level: advanced
- Course duration: 75 minutes (15 mins will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop:  
You need to have an advanced level of kizomba steps, musicality and knowledge of semba.
- The purpose of the workshop:  
The difference between kizomba and fusion is the attitude, the posture and the musicality. The combinations and steps of kizomba and fusion stay the same. During this workshop you will learn how to adapt kizomba fusion in the combinations and steps.
- How to use the knowledge of the workshop:  
After the workshop you know how to adapt kizomba fusion in kizomba combinations and steps

## AIMÉ BEURT

Your questions about our workshops are welcome at “the teachers question room”. We will be there for you.

### Workshop 1: urban kiz

- Title of the course: Technical steps
- Level: all levels
- Course duration: 75 minutes (15 mins will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop:  
To be able to join the class and learn properly, you need to know at least the basics. It's an all level class but we don't come back on basics steps. The level will increase in difficulty as the workshop progresses. Followers: you need to have a good understanding of leading/ have a good posture and good balance/ be reactive and expressive. Leaders: you need to be comfortable with in leading and have good balance.
- The purpose of the workshop:  
Challenge yourself by learning new variations and steps (including all the techniques that are entailed).
- How to use the knowledge of the workshop:  
The goal is to improve your urban style and give you some new figures you can use when you are dancing.

### Workshop 2: urban kiz

- Title of the course: Turns
- Level: intermediate
- Course duration: 75 minutes (15 mins will be spend on examination whether the required level is reached)
- Prerequisites to attend the workshop:  
To be able to join the class and learn the technique of turns properly, you need to know at least the basics. It's an intermediate class so we don't come back on basics steps. Followers: you need to have a good understanding of leading/ have a good posture and good balance/ be reactive and expressive. Leaders: you need to be comfortable with in leading and have good balance.
- The purpose of the workshop:  
The goal is to be able to turn with the real turning technique (in kizomba/semba we don't spin). You will learn the real technique of turning in urban kiz. It's one of the misunderstood notions and we will try to make it clear for you!
- How to use the knowledge of the workshop:  
The goal is to improve your urban style and help you to perform this figure in a better way.



## Workshop Taijiquan (tai chi) for Viva Kizomba

In this workshop we are going to make you the most relaxed, sensitive and well balanced dancer you can be. So take off your high-heeled shoes and follow me in some taiji-movements.

Four hundred years ago, taijiquan was developed in China as the most advanced martial art. From there it developed more into health exercise. The soft and slow taiji-movements are designed to keep your balance and follow your opponent where ever he goes. The idea is that if you can go along with every move, you can never be hurt. In this respect the fighting principles of taijiquan are not so different from dancing and the taiji exercises are very applicable for Kizomba.

So if you like to explore some taijiquan (tai chi chuan), wear easy clothes (jogging clothes) and enjoy my workshop.

Nol Twigt  
Taijischool OneMoves  
Baarn, Netherlands

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## DONALD WILSON

### Workshop: 1

- Dance: kizomba fusion
- Title of the course: spin
- Level: all level
- Duration: 75 min the first 15 minutes are used to let students dance and control their level with the help of the viva team. 45 min will be used to work on the topic of the class with different exercises to emphasize different approaches. And the last 15 min will be for a short feedback / Question as well as recording the demo after the workshop.
- Prerequisite: All Level Classes are targeting all group of people from complete foreigners to the dance to experienced / seasoned dancers /Masters. To attend this class, the student needs to have a minimal awareness of body control, be able to keep their balance on each foot, understand the notion of engaging the core of the body to execute spins.
- Purpose: Understand the basic element for a spin as well as to learn how to execute the spin in a proper manner. LEAD, how to engage a spin, what tension is needed, and how to not break the balance and the flow of the follow. FOLLOWERS: how to properly execute a spin, engaging the core and keeping a good balance over the whole process, not getting dizzy after a spin.
- How to use the knowledge: Enable the dancer to correctly execute spins while integrating it to their dances. Raise the awareness of leads and follows about perfectly executed spins while keeping the partner away from dangerous situations.
- Availability in the teacher questions room and invitation to Viva Kizomba Congress 19

### Workshop: 2

- Dance: kizomba fusion
- Title of the course: play around the basics
- Level: intermediate
- Duration: 75 min the first 15 minutes are used to let students dance and control their level with the help of the viva team. 45 min will be used to work on the topic of the class with different exercises to emphasize different approaches. And the last 15 min will be for a short feedback / Question as well as recording the demo after the workshop.
- Prerequisite: Intermediate classes based on acquired knowledge at a basic level. Fundamentals to attend this class will be to know the different basics elements (rotation, linear movement, slow stepping and stop) as well as basic steps (basic 1, 2 and 3). Knowing both saidas is a plus as they are considered tricks and not basic steps in Kizomba. Kizomba fusion include a little bit of urban / Hip-hop, which results in being able to differentiate a step and a touch.
- Purpose: Implement the basics steps, with little isolation to create a lot of variation without using too much tricks on the dancefloor. Be able to use less figure and more basics adapted to the music to create more fluent and harmonious dance. LEADS: learn how to spice up your dance without over dancing, and using the impact in the music with elements of urban dances (Isolations, touch steps,..) FOLLOWERS: how to react to a certain lead without anticipating or overreacting.
- How to use the knowledge: on the dancefloor your will be able to minimized the output of energy and number of figure, and be able to use the basics and still dance on a higher level in accordance to the music.
- Availability in the teacher questions room and invitation to Viva Kizomba Congress 19

### Workshop: 3

- Dance: urban kiz
- Title of the course: partnerwork & tricks
- Level: advanced
- Duration: 75 min the first 15 minutes are used to let students dance and control their level with the help of the viva team. 45 min will be used to work on the topic of the class with different exercises to emphasize different approaches. And the last 15 min will be for a short feedback / Question as well as recording the demo after the workshop.
- Prerequisite: Attending the class means to have a solid grip about leading a partner without giving room for misunderstanding, be able to follow without anticipating, knowing when to include a styling without breaking the form a partner, be able to execute the basics steps and saidas, and mixed them freely. Having a strong sense of balance, weight control; understand stepping form as the base of walking technique and footwork. Be able to integrate dissociation and isolation into the dance.
- Purpose: The goal in partner work is to be able to balance the input of each partner and harmonize the interaction between those two. Accent will be made on signal in the leading, sharp reaction, free room for styling for each part, as well as using variations of simple tricks while adapting those to different music and rhythms. This will help the dancer to find the right balance and adapt to different partners, as well as make the tricks match the music
- How to use the knowledge: create more variation while dancing with different partners, be able to harmonize / adapt quicker to a new partner, as well having more tricks and be able to use those at the right time with the right music.
- Availability in the teacher questions room and invitation to Viva Kizomba Congress 19



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#### Workshop: 4

- Dance: urban kiz
- Title of the course: Turns
- Level: advanced
- Duration: 75 min the first 15 minutes are used to let students dance and control their level with the help of the viva team. 45 min will be used to work on the topic of the class with different exercises to emphasize different approaches. And the last 15 min will be for a short feedback / Question as well as recording the demo after the workshop.
- Prerequisite: Attending the class means to have a solid grip about leading a partner without giving room for misunderstanding, be able to follow without anticipating, knowing when to include a styling without breaking the form a partner, be able to execute the basics steps and saidas, and mixed them freely. Differentiate between a spin and a turn. Having a solid understanding of music and be able to hear various instruments and used those in the dance. Having a strong sense of balance, weight control; understand stepping form as the base of walking technique and footwork. Knowing when and how to apply attention accurately as a initiation to a lead or as reaction to that.
- Purpose: to execute turns properly and smoothly, adapting those to the music, and using the correct technique. Clear the misunderstandings in the leading and following of turns techniques. Train on variations of turns and their integration in a dance combination or free style.
- How to use the knowledge: As a complement to the already known saidas and more tricks, implementing element of dissociations including turns and blocks adapted to the music.
- Availability in the teacher questions room and invitation to Viva Kizomba Congress 19

#### Workshop: 5

- Dance: kizomba fusion
- Title of the course: Musicality in practice
- Level: advanced
- Duration: 75 min. the first 10 minutes are used to let students dance and control their level with the help of the viva team. 55 min will be used to work on the topic of the class with different exercises to emphasize different approaches. And the last 15 min will be for a short feedback / Question as well as recording the demo after the workshop.
- Prerequisite: this class is designed to raise the level of musical perception and interpretation of the attendants. It's an advanced class so there won't be any review of basics elements or steps from either Kizomba or fusion. The attendants are expected to have basic knowledge about counting in the music, solid grip on basics steps and saidas, ability to hear distinct instruments in the music, lead without leaving room for misunderstanding and follow without disturbing the lead.
- Purpose: Raise the ability to isolate instruments and dance on specific chosen ones, switch smoothly between different instruments in the music while keeping a smooth lead, use different parts of the body to express different instruments, understand patterns in musical construction to be able to hit/guess the instruments in the music, understand the level of energy coming along with different instruments and be able to match them in the dance.
- How to use the knowledge: This class focus on a quick enhancing of the musical sensibility, which will be used to raise the affinity of dancers to the music they dance, they will be able to adapt basics elements on the music and start to execute tricks according to the tempo of the music.
- Availability in the teacher questions room and invitation to Viva Kizomba Congress 19

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*Note: Unfortunately some (Chamalo & Mirty, Mr. Tecas, Dino da Cruz, To Costa and Uncle Kani) teachers were not able to prepare their classes and the pedagogy for their classes.*





27, 28, 29, 30 DECEMBER 2019  
**VIVA KIZOMBA GALA BRUSSELS**

**10 HOURS WORKSHOPS**  
 OF HIGHER QUALITY  
**AIRPORT SHUTTLE**  
 OF BRUSSELS-SOUTH AND BRUSSELS INTERNATIONAL  
**500 FREE PARKING**  
 BREAKFAST | DINNERS | SWIMMING POOL

**ALL-IN-1**  
**HOTEL**  
**SLEEP UP**  
**DANCE DOWN**

**3 SOCIALS**  
 15PM TILL 8PM  
**3 PARTIES**  
 11PM TILL 6AM  
**3 AFTER PARTY**  
 6AM TILL 9AM  
**AMAZING ARTISTS**

**HOTEL VAN DER WALK**  
**BRUSSELS-SOUTH**

[vivakizomba.com](http://vivakizomba.com)

**WEDNESDAY AUGUST 7<sup>TH</sup>**

PREPARTY	Time	Artist
	23h - 00h	Morelasoul
	00h - 01h	Nice Life
	01h - 02h	SaiSai
	02h - 03h	Stefanio Lima
	03h - 04h	SaiSai

**DJ'S TIME SCHEDULE**

**THURSDAY AUGUST 8<sup>TH</sup>**

SOCIAL	Time	Artist
	15h - 16h	Nice Life
	16h - 17h	Maximelody
	17h - 18h	Stefanio Lima
	18h - 19h	Stefanio Lima
	19h - 20h	SaiSai

**FRIDAY AUGUST 9<sup>TH</sup>**

SOCIAL	Time	Artist
	15h - 16h	Malick VS Dani Fernandes
	16h - 17h	Stefanio Lima VS Narc6
	17h - 18h	Nice Life VS Morelasoul
	18h - 19h	Snakes VS ZayX
	19h - 20h	Lisa Rose VS Malick (Wild Hour)

PARTY	Time	Room	Artist
	23h - 00h	Main Room- Urban Room	Maximelody
	00h - 01h		SaiSai
	01h - 02h		Morelasoul
	02h - 03h		Stefanio Lima
	03h - 04h		Nice Life
	04h - 05h		SaiSai
	05h - 06h		Malick

PARTY	Time	Artist
	23h - 00h	Urban Kizz Semba Stefanio Lima Matt
	00h - 01h	Tati To Costa
	01h - 02h	SaiSai Maximelody
	02h - 03h	Morelasoul Tecas
	03h - 04h	Malick To Costa
	04h - 05h	Nice Life Tecas
	05h - 06h	Lenhy Maximelody

AFTER PARTY	Time	Artist
	06h - 07h	Stefanio Lima
	07h - 08h	SaiSai
	08h - 09h	Morelasoul
	09h - 10h	Malick
	10h - 11h	Tati

AFTER PARTY	Time	Artist
	06h - 07h	Tati
	07h - 08h	Malick
	08h - 09h	Maximelody
	09h - 10h	SaiSai
	10h - 11h	Morelasoul



8, 9, 10, 11, 12, 13 APRIL 2020

ALL IN ONE

# BRUSSELS VIVAL V Festival

DEEJAYS

**MADISS - DANÍ FERNANDES - LISA ROSE - NICE LIFE - MALICK - STEFANIO LIMA  
PARAISO - SAI SAI - TECAS - NAO - MORELASOUL - SABURA - MATT - & MORE**

**TEACHERS**

**JOJO & VICTORIA - JP & STEFFY - ENAH & POCAHONTAS - TECAS - MARCIO  
ONCLE KANI - AFROTWINNS - AFROVIBES - & MORE**

## DJ'S TIME SCHEDULE

SATURDAY AUGUST 10 <sup>TH</sup>			SUNDAY AUGUST 11 <sup>TH</sup>			
<b>SOCIAL</b>	15h - 16h	Leda	<b>SOCIAL</b>	15h - 16h	SaiSai	
	16h - 17h	Malick		16h - 17h	Malick	
	17h - 18h	Stefanio Lima vs Morelasoul		17h - 18h	Nice Life	
	18h - 19h	Nice Life		18h - 19h	Morelasoul VS Stefanio	
	19h - 20h	SaiSai		19h - 20h	Leda VS Lenhy	
<b>PARTY</b>	23h - 00h	Urban Kizz	Semba	<b>PARTY</b>	Main Room- Urban Kizz	
	00h - 01h	Tati	To Costa		23h - 00h	Morelasoul
	01h - 02h	Lenhy	Matt		00h - 01h	Malcik
	02h - 03h	Morelasoul	Maximelody		01h - 02h	Leda
	03h - 04h	Nice Life	Tecas		02h - 03h	Nice Life
	04h - 05h	Stefanio Lima	To Costa		03h - 04h	Lenhy
	05h - 06h	Leda	Maximelody		04h - 05h	Stefanio Lima
	SaiSai	Matt	05h - 06h	Tati		
<b>AFTER PARTY</b>	06h - 07h	Malick	<b>AFTER PARTY</b>	06h - 07h	SaiSai	
	07h - 08h	Lenhy		07h - 08h	Tati	
	08h - 09h	Stefanio Lima		08h - 09h	Leda	
	09h - 10h	SaiSai				
	10h - 11h	Tati				



# THURSDAY AUGUST 8<sup>TH</sup>

# THURSDAY

	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5 TEACHER QUESTIONS ROOM
14.00 - 15.15		<b>KIZOMBA FUSION</b> Donald & Maria Spin	<b>KIZOMBA FUSION</b> Chamalo & Mirty Spin	REST AND FOOD	
15.45 - 17.00		SOCIAL	<b>KIZOMBA FUSION</b> Chamalo & Mirty Connection		
17.10 - 18.25			<b>SEMBA</b> Dino Da Cruz Do's and don'ts		
18.30 - 19.15			<b>URBAN KIZ</b> Jojo & Victoria Show elements		
BREAK					
23.00 - 6.00			PARTY	REST AND FOOD	
6.00 - 11.00		AFTER PARTY			



# EXPLOSION OF COLOUR



24/32

<b>ALL LEVEL</b>	<b>INTERMEDIATE</b>	<b>ADVANCED</b>	<b>MASTER CLASS</b>
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# FRIDAY AUGUST 9<sup>TH</sup>



# FRIDAY EXPLOSIVE RED



	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5 TEACHER QUESTIONS ROOM
12.45 - 14.00	<b>KIZOMBA FUSION</b> Chamalo & Mirty Play around the basics	<b>KIZOMBA FUSION</b> Donald & Maria Play around the basics	<b>KIZOMBA FUSION</b> Davide & Laura Play around the basics	<b>REST AND FOOD</b>	<b>Dino Da Cruz</b>
14.00 - 15.15	<b>KIZOMBA FUSION</b> Dino Da Cruz Roots	<b>URBAN KIZ</b> Donald & Maria Partnerworks & Tricks	<b>URBAN KIZ</b> Jojo & Victoria Partnerworks & Tricks		<b>Davide &amp; Laura</b>
WORKSHOPS LUNCH BREAK					
15.45 - 17.00	<b>KIZOMBA FUSION</b> Davide & Laura Legs leading	<b>SOCIAL</b>	<b>SEMBA SOCIAL</b> Kani & Black Cherry Basics of Ginga	<b>REST AND FOOD</b>	<b>Jojo &amp; Victoria</b>
17.10 - 18.25	<b>KIZOMBA</b> To Costa Musicality		<b>URBAN KIZ</b> Jojo & Victoria Dance technics		<b>Oncle Kani &amp; Black Cherry</b>
BREAK					
23.00 - 6:00		<b>PARTY</b> KIZOMBA- SEMBA	<b>PARTY</b> URBAN KIZ	<b>REST AND FOOD</b>	
6:00 - 11:00		<b>AFTER PARTY</b>			



<b>ALL LEVEL</b>	<b>INTERMEDIATE</b>	<b>ADVANCED</b>	<b>MASTER CLASS</b>
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# SATURDAY AUGUST 10<sup>TH</sup>

	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5 TEACHER QUESTIONS ROOM
11:30 - 12:45	<b>SEMBA</b> José & Tracy Flow and connection	<b>SEMBA</b> Mr Tecas Theory	<b>AFROHOUSE</b> Afrovibes Fun & Fit	REST AND FOOD	Donald & Maria
12:45 - 14:00	<b>URBAN KIZ</b> Aimé Isolations	<b>URBAN KIZ</b> Chamalo & Mirty Isolations	<b>URBAN KIZ</b> Saber & Majdouline Isolations		José & Tracy & Mr Tecas
14:00 - 15:15	<b>SEMBA</b> José & Tracy Structures	<b>SEMBA KAZUKUTA</b> Mr Tecas Technical aspects	<b>KIZOMBA</b> Davide & Laura VS Kizomba Fusion		Chamalo & Mirty
WORKSHOPS LUNCH BREAK					
15:45 - 17:00	<b>SEMBA SOCIAL</b> Kani & Black Cherry Basics of Ginga	FROM 15.15  SOCIAL  UNTIL 20.00	<b>KIZOMBA FUSION</b> Donald & Maria Musicality & practice	REST AND FOOD	Aimé
17:10 - 18:25	<b>TARRAXINHA</b> José & Tracy Basics of Ginga		<b>URBAN KIZ</b> Saber & Majdouline Technical steps		Oncle Kani & Black Cherry
BREAK					
11:00 pm - 6:00 am		<b>PARTY</b> KIZOMBA- SEMBA	<b>PARTY</b> URBAN KIZ	REST AND FOOD	
6:00 am - 11:00 am		<b>AFTER PARTY</b>			



# Saturday



28/32

<b>ALL LEVEL</b>	<b>INTERMEDIATE</b>	<b>ADVANCED</b>	<b>MASTER CLASS</b>
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# Europe Sapology

# SUNDAY AUGUST 11<sup>TH</sup>

	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5 TEACHER QUESTIONS ROOM
11.00 - 12.15	<b>TAIJIQUAN (TAI CHI)</b> Nol Relaxing with the dance		<b>AFROHOUSE</b> Afrovibes Cross Afrohouse Outdoor		
12.45 - 14.00	<b>URBAN KIZ</b> Saber & Majdoulina Turns	<b>URBAN KIZ</b> Aimé Turns	<b>URBAN KIZ</b> Donald & Maria Turns	<b>REST AND FOOD</b>	<b>Enah &amp; Ponca</b>
14.00 - 15.15	<b>TARRAXINHA</b> José & Tracy Quadrado's	<b>SEMBA CARNAVAL</b> Mr Tecas Angolan urban dance	<b>URBAN KIZ</b> Enah & Ponca Dynamic		Saber & Majdoulina
WORKSHOPS LUNCH BREAK					
15:45 - 17.00	<b>SEMBA SOCIAL</b> Mr Tecas Harmonisation	<b>FROM 15.15</b>  <b>SOCIAL</b>  <b>UNTIL 20.00</b>	<b>URBAN KIZ</b> Enah & Ponca Sensual & Sexy	<b>REST AND FOOD</b>	<b>Donald &amp; Maria</b>
17.10 - 18.25	<b>SEMBA</b> José & Tracy Footwork		<b>URBAN KIZ</b> Saber & Majdoulina Touch with weight transfer		<b>Davide &amp; Laura</b>
BREAK					
11:00 pm - 6:00 am			<b>PARTY</b>	<b>REST AND FOOD</b>	
6:00 am - 11:00 am		<b>AFTER PARTY</b>			

# SUNDAY



# AFRICA SAPOLOGY



30/32

<b>ALL LEVEL</b>	<b>INTERMEDIATE</b>	<b>ADVANCED</b>	<b>MASTER CLASS</b>
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05, 06, 07, 08, 09, 10  
**AUGUST 2020**  
AFRICAN EDITION



**AMSTERDAM**  
HOTEL VAN DER VALK SCHIPHOL A4